




**GF** AVAILABLE

**BLUE PLATE SPECIAL**  
QUICK, HOT & DELICIOUS...12

**TROPPO CLUB**  
HAM, TURKEY, BACON, PROVOLONE, ROMAINE BLEND, TOMATO ON SOURDOUGH...14

**SALADS**

ADD A CUP OF SOUP \$3

- TROPPO** **GF**  12  
ROMAINE BLEND, DRIED CHERRIES, AVOCADO, BLEU CHEESE, CHERRY VINAIGRETTE
- GRILLED SALMON** **GF** 16  
KALE, LEMON WEDGES, SHAVED PARMESAN & SWEET ONION VINAIGRETTE
- FORAGER** **GF** 14  
KALE, SAUTEED BRUSSELS SPROUTS, SWEET POTATO, BACON, ORZO, BLEU CHEESE CRUMBLES, VANILLA CIDER VINAIGRETTE
- CHICKEN CAESAR** 13  
ROMAINE, ANCHOVIES, CROUTONS, PECORINO
- STEAKHOUSE WEDGE** **GF** 15  
ICEBERG, BOILED EGG, TOMATO, RED ONION, CRISP BACON, BLEU CHEESE DRESSING
- SEARED AHI** 15  
ASIAN GREENS, JICAMA, FRESNO CHILI, CARROTS, GREEN ONION, CRISPY WONTONS & SWEET ONION VINAIGRETTE
- BIBB** **GF** 13  
GRILLED PEACHES, PROSCIUTTO, GOAT CHEESE, CHAMPAGNE VINAIGRETTE
- DERBY COBB** **GF** 16  
ROMAINE BLEND, ROMA TOMATO, AVOCADO, BLEU CHEESE, PANCETTA, BOILED EGG, GRILLED CHICKEN, BLEU CHEESE DRESSING

**SANDWICHES**

SERVED WITH A SIDE TROPPO SALAD  
SUBSTITUTE SEASONED FRIES \$2

- SHAVED SIRLOIN** 15  
SEARED, ROASTED BELL PEPPERS, HORSERADISH SPREAD, PROVOLONE ON CIABATTA
- THE CAPITOL BURGER** 14  
SMOKED CHEDDAR, CARAMELIZED ONION, BACON & CHIPOTLE BBQ ON CHALLAH BUN
- TROPPO MELT** 13  
LEAN BEEF, SAVORY MUSTARD AIOLI, ROMAINE, SWEET & HOT PICKLES, TOMATO, AGED MUENSTER ON TOASTED SOURDOUGH
- MAHI** 14  
BLACKENED FILET, ICEBERG LETTUCE, MANGO AIOLI, SAUTÉED PEPPERS ON CHALLAH BUN
- CHICKEN SALAD MELT** 12  
GRILLED CHICKEN, CELERY, ONION, RED GRAPE HALVES, GRANNY SMITH APPLES & MELTED PROVOLONE ON SOURDOUGH
- CHICKEN SCHNITZEL** 11  
THINLY POUNDED CRISPY CHICKEN, OIL & VINEGAR SLAW, SWEET N HOT PICKLES ON SOURDOUGH
- EGG SALAD DELUXE** 12  
BACON, GREEN ONION, DILL PICKLE, ROMAINE, TOMATO ON TOASTED SOURDOUGH
- VEGGIE BURGER** 12  
BLACK BEAN PATTY, SAVORY MUSTARD AIOLI, ROMAINE, TOMATO, SWEET & HOT PICKLES ON CHALLAH BUN

**DAILY SOUPS**

- ROASTED TOMATO BISQUE WITH RICOTTA TOAST
  - MINISTRONE WITH PANCETTA & ITALIAN SAUSAGE
  - ROASTED BUTTERNUT SQUASH
  - SOUP DU JOUR
- CUP 3    BOWL 6

**HOUSE SPECIALTIES**

- THE MAC & CHEESE** 13  
WHITE CHEDDAR, SMOKED GOUDA, CAVATAPPI, HERB BREADCRUMBS
- CHICKEN MARSALA** 19  
SAUTÉED CHICKEN, BUTTON MUSHROOMS, FETTUCCHINE, MARSALA WINE
- SALMON** **GF** 16  
4OZ. BBQ SALMON FILET, WHIPPED POTATO, STEAMED BROCCOLI
- RAVIOLI POMODORO** **GF** 15  
ROMANO & KALE STUFFED, SWEET SICILIAN SAUCE, GRATED PARMESAN
- GRILLED SIRLOIN** **GF** 16  
4OZ. SIRLOIN, WHIPPED POTATO, STEAMED BROCCOLI, ZIP SAUCE
- GRILLED CHICKEN** **GF** 14  
SWEET MUSTARD GLAZED BREAST, GINGER & SWEET PEA RICE, STEAMED BROCCOLI

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. A 18% service fee will be added to parties of 8 or more. It is operationally infeasible to separate checks for parties of 4 or more.